It was a sunny day. My friend and I went camping on Sai Kung. We went there by bus.

We went to the camping house and someone said loudly, 'It's beautiful!' We looked outside, we saw the sea and a beach. It looked peaceful. Then w played some games. Suddenly we heard some noise because one of us was hungry. Therefore, we had a big lunch and ate like a horse.

When we finished the lunch, we played games. Suddenly my friend, Tom, fell into the sea. He shouted loudly 'Help! Help me!' He moved his arm as if he was swimming, but he didn't know how to swim.

We tried to save him. We took a long, hard bamboo. Although it was hard, it broke because the waves were so big. We felt nervous. He would die if we didn't help him quickly. Luckily, the life guard came. He jumped into the sea and helped him.

Finally, the life guard said, 'Well done, guys! Tom could swim but Tom and I wanted to test you to see if you like helping others. You have finished the test.' Then he gave us two thumbs up. I felt good because I helped Tom. Saving Tom was a meaningful experience.